

# Instructions for patients having treatment with intravenous sedation

## **Before your appointment:**

- 1 Please arrive at least 10 minutes before the appointment time.
- 2 Avoid food or drink for at least 4 hours before the appointment. Your last meal should be light and easily digested.
- 3 Bowels and bladder must be empty
- 4 Tell the dentist if you are taking or have been taking any drugs or medicines from your doctor - especially sleeping tablets.
- 5 Any sickness, for example, cough, cold, rash etc., occurring before the appointment should be reported immediately by telephone, so that a later appointment can be arranged in good time if necessary.
- 6 No tight clothing should be worn. Sleeves should be easily drawn up past the elbow.

## **After leaving the surgery:**

Patients accepting a sedation appointment must agree:-

- 1 TO arrange for a responsible person to accompany them home.
- 2 NOT to drive a vehicle or operate any machinery the same day.
- 3 NOT to take any alcohol for 12 hours.