

Instructions for patients having treatment with intravenous sedation

HDS

HOCKLEY DENTAL SURGERY

Before your Appointment:

- 1.) Please arrive at least 10 minutes before the appointment time
- 2.) Avoid food or drink for at least 4 hours before the appointment. Your last meal should be light and easily digested.
- 3.) Bowels and bladder must be empty.
- 4.) Tell the dentist if you are taking or have been taking any drugs or medicines from your doctor - especially sleeping tablets.
- 5.) Any sickness, for example, cough, cold, rash etc., occurring before the appointment should be reported immediately by telephone, so that a later appointment can be arranged in good time if necessary.
- 6.) No tight clothing should be worn. Sleeves should be easily drawn up past the elbow.

After leaving the surgery:

Patients accepting a sedation appointment must agree: -

- 1.) TO arrange for a responsible person to accompany them home.
- 2.) NOT to drive a vehicle or operate any machinery the same day.
- 3.) NOT to take any alcohol for 12 hours.