

Instructions for patients having treatment under intravenous sedation

Before your appointment:

1. Please arrive **at least 10 minutes before** the appointment time
2. Have a light meal, e.g. a bowl of cereal or slice of toast, between **3 and 4 hours before** the appointment time
3. Drink a small glass of water (only) **every 2 hours** up to the appointment time (**not through the night**)
4. Allow time to **use the lavatory** on arrival at the surgery
5. Tell the dentist **if you are taking or have been taking any drugs or medications** from your doctor – especially sleeping tablets or painkillers
6. Any sickness, e.g. cough, cold, rash etc. occurring before the appointment **should be reported immediately** by telephone, so that a later appointment can be arranged in good time if necessary
7. No **tight clothing** should be worn. Sleeves should be easily drawn up past the elbow

After leaving the surgery:

Patients accepting a sedation appointment must agree:

1. To arrange for a responsible person to accompany them home
2. Not to drive a vehicle or operate any machinery the same day
3. Not to take any alcohol for 12 hours